



Connect. Relax. Explore.

Moving forward with Family and Adult Retreats





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Protocol friendly weekends
for Families, Churches and Adults

It's in our nature

Deep down we all desire communion with God and each other. Though COVID restrictions have taken away many freedoms we still have the freedom to do what is right and good.

Our desire to be in community remains the same. This goes beyond online church and Zoom meetings. **Instead, we invite you to join us.**



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There is power in shared experiences.

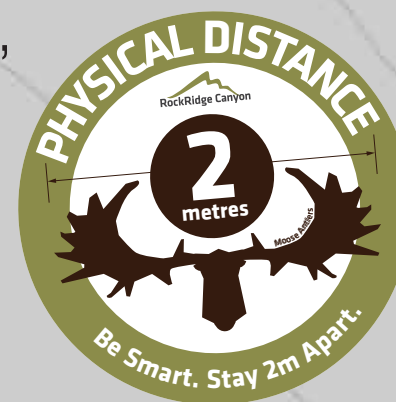
As the Word says, “And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near. Hebrews 10:12.”

We're here to help you do just that.

How do we enjoy community carefully and responsibly?

Over the course of the summer our team has been running Family Retreats. They have been successful on many fronts and the reviews speak for themselves. That's why we're inviting you to bring your community to RockRidge Canyon, to experience a time of renewal, connection and protocol friendly fun.

Yes, things are different, but still very good. Even with masks, plexi, extra cleaning and distancing, we've learned what families appreciate and how we can deliver a new “scaled back” experience with excellence.



Family Retreat Guest Review

Week 1

“The warmth of the staff at all points of interaction was incredible. The beauty of the natural surroundings and the beautiful lodges made it very easy to relax and enjoy ourselves. The food was delicious and excellent service! Thank you all so much!”

Family Retreat Guest Review

Week 2

“Everything about the weekend was perfect! The food was delicious, the resort is so clean and well kept and beautiful, the staff was extremely helpful and friendly, the options for activities were so plentiful that we weren't bored even for a moment! We also felt the efforts toward preventing any COVID outbreaks were exceptional! We felt very safe and cared for and we'll definitely be back!! Thank you so much! 🍷”

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It's time to stay...

**NEW PROTOCOLS
& GUIDELINES**



Accommodations

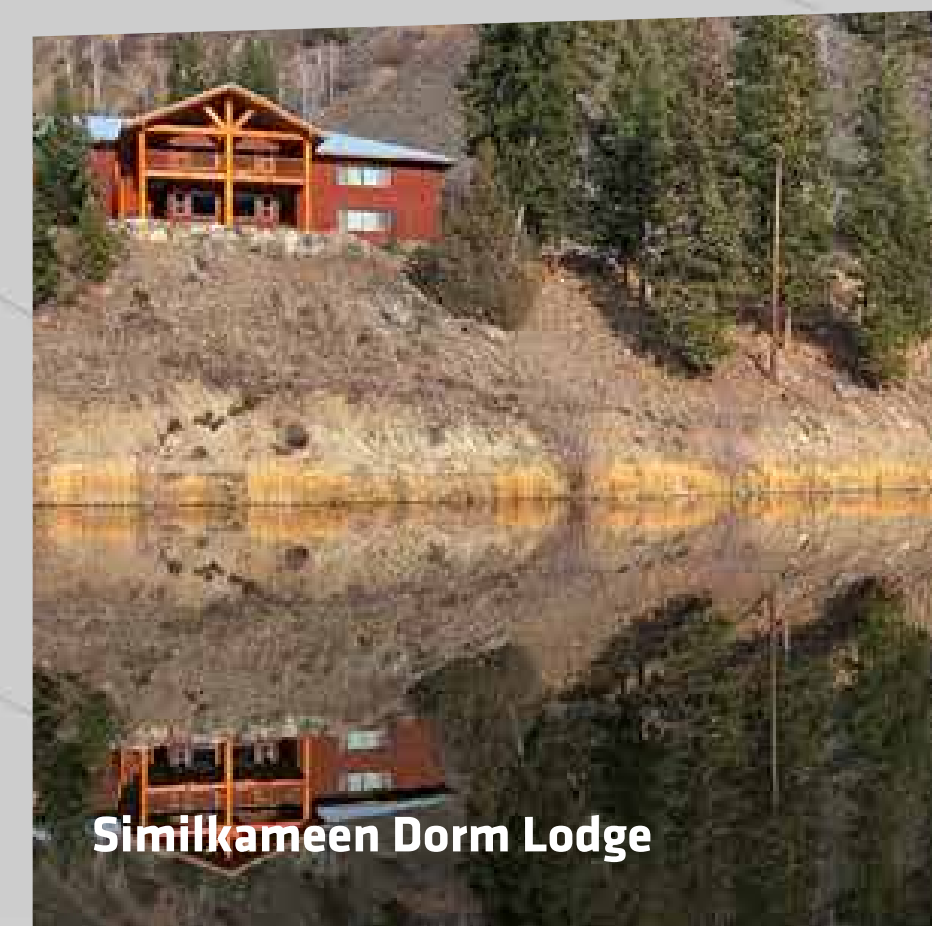
Families can stay together in hotel styled Wolfe Creek Lodge or enjoy a full private Dorm Lodge room with in-suite showers and large bathroom. Rooms are cycled and sanitized to provide a clean, comfortable stay.

Food Service

Served in the Pinnacle Dining Room, there's lots of space to spread out. Red Seal chefs prepare you meals. Families enjoy staggered meal times, table service and your selections are plated-to-order.

Activities

The #1 request this summer was time to relax and play together. At RockRidge Canyon there's 1500 acres of nature to enjoy! We've recently completed the Willis Creek nature walk, suitable for all ages, highlighting the flora and fauna that call RockRidge Canyon home. Check out the following activities list and map.



Connect. Relax. Explore.

... and play,

OUTSIDE

Beach Hut

Mountain Bikes • Kayaks • Canoes • Paddle Boards
• Beach Volleyball • Frisbee Golf

Hikes

- **NEW** - Nature Trail - Learn about the animals who live around RockRidge Canyon. Illustrated kiosks with audio tours.
- Dam Road – Tranquil walk beside Inspiration Lake to the dam and fish ladders. Approx 1 hr round trip.
- Cross the red bridge to explore Eagles Nest, Lone Pine, Willis Creek and Canoe Cove trails.
- Pinnacle Mountain - Take a guided hike to the top of this famous viewpoint. (1.5 hrs). Rated: Challenging. 10 yrs+ recommended

Swimming Pool – Late May through September

Lake – Swimming available when lifeguard is on duty

Beach – Groomed sand - great for sandcastles, skim boarding or napping

Mountain Bikes

- We maintain a small fleet of Trek bikes for youth and adults. Explore the property via lower trails or access challenging upper Mtn Bike trails.

Barge lake tours – Schedule day or sunset cruises (30 sailors per trip). Approx 45 min.

Lake House – A great place to relax and read in the shade

Power Boats – June - Oct 15. Gear & driver provided.

Sports Courts & Rink – Basketball, Ball Hockey. Playing field. Groomed Ice Rink in Winter.

Fitness Room – On Main Street

Kiddies Playground – A small playground for little ones near the Nicola Dorm Lodge entrance

Craft Cart – Upon request

Scavenger Hunts - Use ours or make your own to suit your theme.

Disc Golf - Play with family and challenge your group with a tournament

Winter Terrain Park - Perfect for tubing. Tubes and helmets provided.



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... and play

INSIDE

Snack at Scoops

Yum! Snacks, ice cream, smoothies and cold drinks. Challenge your family to share the legendary Pinnacle Sundae or attempt to eat it all on your own!

Drink Canyon Coffee

Fresh lattes, espresso and teas. Cards accepted. Open morning and evening - See daily schedule for times.

Shopping

Explore the The Ridge Trading Co for gifts, t-shirts and surprises.

The Loft & Summit Rooms

(Upstairs, Pinnacle Dining Room)

A great place to play your board games with family.

Games Room

(Downstairs, Pinnacle Dining Room) Room to spread out with Pool tables, Foosball, Ping Pong and more... Yes, it's air conditioned!

Meeting Rooms

RockRidge Canyon has over 21 meeting spaces, many with AV available. Check with your Guest Services Host.

The Rock

Our 350 seat presentation theatre, complete with awesome sound, lighting and modern tech. Current max 30.

NEW The Rock is now hardwired to simulcast to The Copper Room meeting space.

The Louie and Rose Room meeting spaces are on the lower level. Each room is light filled with floor to ceiling windows overlooking the lake has built in AV and blinds. Current max 30.



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Planning your Retreat.

Don't worry. We've got this. We're your guides.

We'll help organize your time here. Groups are minimizing seminars and speakers, spending more time in directed reflection. That's up to you. We can facilitate meeting rooms, for up to 30 per room, many with AV included. Ask about local simulcast options to extend your speaker's audience.

We can also help spice up your event with themed decor.

Who can come?

Safety of our guests, staff and volunteers on site is paramount. Following current protocols, we can accommodate 30 family units, to a maximum of 150 people. Sorry, but currently there are no overnight stays for unaccompanied minors.

Please note, if a family brings a friend they should already be in their social bubble, as they will be staying, eating and having fun together.



Willis Creek Nature Trails

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Sample Fall Weekend

A frame work that works for you.

Family Retreats were successful, in part, because families appreciated the “no program” agenda. There were many outdoor activities families could select without commitment. That said a basic structure can help fuel creativity, reduce people congestion (that’s a thing now) and actually make space for quiet, contemplation and deep conversations.



Friday

Saturday

Sunday

Your lead team arrives Thursday eve.	Pre-Breakfast coffee & activities	Pre-Breakfast coffee & activities
Guests arrive in late afternoon	Breakfast	Pack up
Dinner or activities on property	Session or activities (examples)	Session or activities
Coffee Bar & Games Room open	Lunch	Brunch
Fires on Main Street	Activities or Sessions	Head home rejuvenated
Snack	Dinner	
A good night’s sleep	Free time, Fires, etc, snack	



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The seasons

Fall Fun

Enjoy the colours of Fall in the canyon. The air gets crisp, leaves turn from green to bright yellow and the night sky is filled early with stars. It's perfect weather for sweaters, campfires and walks on leaves that crackle underfoot.

Winter Wonderland

Tubing, ice skating and romping in the snow are favorite pastimes. Sitting inside with a hot beverage watching the view is pretty good too!

Spring

The creek roars and the property starts to come alive. Wildlife returns in droves. Plan for indoor and outdoor activities as the weather can swing from "raincoats to T-shirts" in the same day.



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Reserving your Retreat.

Call first. We'll work out the details.

Feel free to contact with your ideas. We understand this is a new reality, with new questions to be answered. Our experience will expedite the process.

Your guide is Della Saunders. She lives and works on site and will happily prepare a quote for you.

250.870.9030 ext. 4120
dsaunders@younglife.ca
RockRidgeCanyon.com

Contact Della



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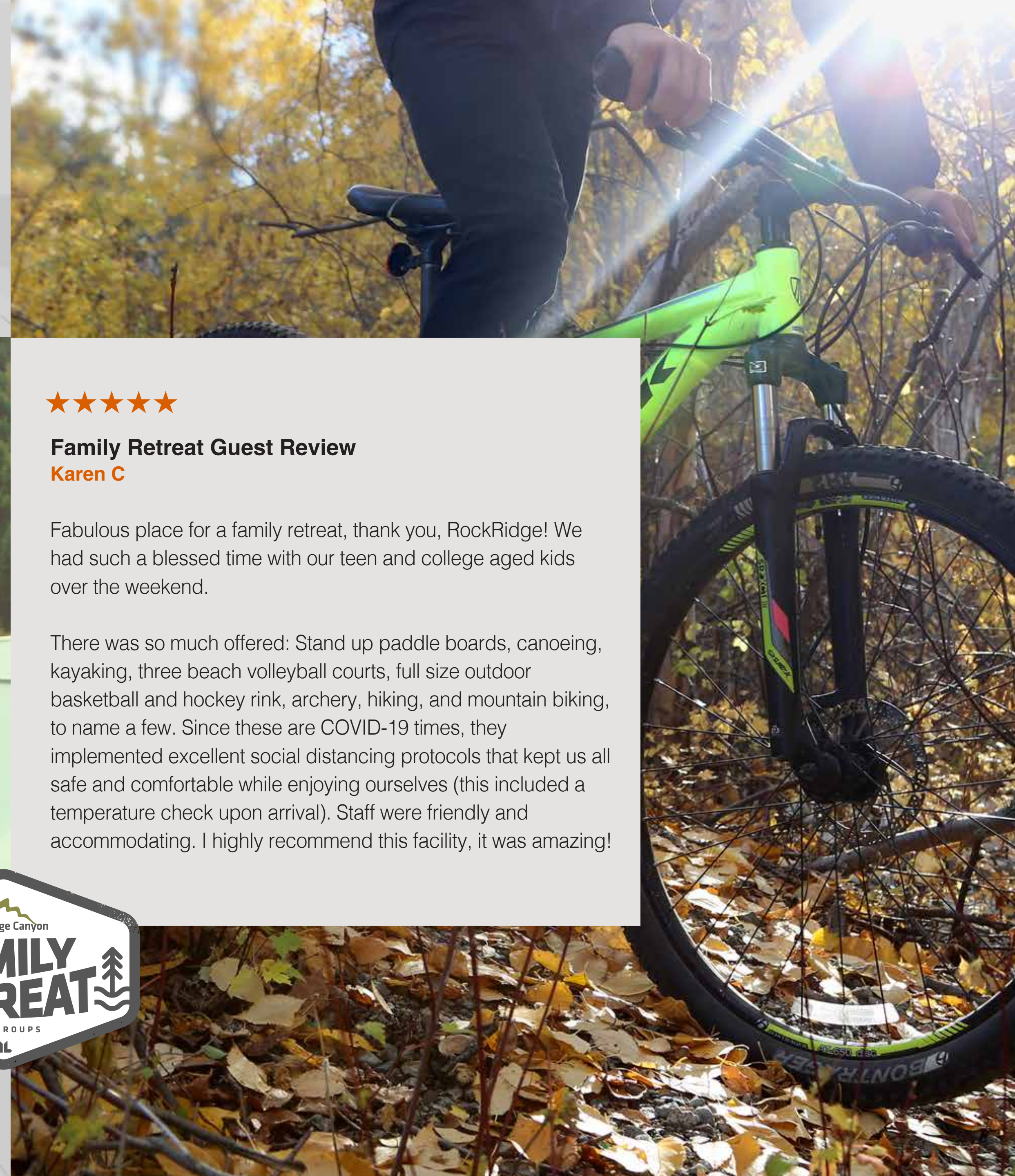
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Lake crossing dual zipline



Family Retreat Guest Review

Karen C

Fabulous place for a family retreat, thank you, RockRidge! We had such a blessed time with our teen and college aged kids over the weekend.

There was so much offered: Stand up paddle boards, canoeing, kayaking, three beach volleyball courts, full size outdoor basketball and hockey rink, archery, hiking, and mountain biking, to name a few. Since these are COVID-19 times, they implemented excellent social distancing protocols that kept us all safe and comfortable while enjoying ourselves (this included a temperature check upon arrival). Staff were friendly and accommodating. I highly recommend this facility, it was amazing!



Reserve Your Group's Family Retreat

Staycation  Destination

Church Groups

Reunions

Weddings

Stay. Work. Play

Della Guest Services
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